

MENTAL ILLNESS FROM ANTHROPOECOLOGY'S POINT OF VIEW (Part 1 of 2)

Leonel Chacon Anchondo
Industrial Engineer Technological Institute Cd. Juarez
Cd. Cuauhtémoc, Chihuahua, Mexico, Tepeyac street # 4030, 31520

Abstract. There are and there have been great divergences generated in the mind of human being and as a corollary it can be said that for millennia human being has been mentally ill. Although we all agree that the current situation is chaos due to climate change, drug addiction and social decomposition, among others, are effect and not cause. These concepts are not about confronting the "good" with the "bad", but to raise awareness about the differences and disparities of our daily act and correct them to obtain a peaceful coexistence. As humanity, our mental fixations and mental illnesses over time, in different nations, cultures and religions, are as diverse as opposite, going from one extreme to another; the best example of this is the approach that each culture and religion gives homosexuality, Catholic and Muslim religion totally reject it, while Buddhism approves it without criticism; Another culture, Zapotecs (Mexico) considered muxes (homosexual men) part of a third sex, no better or worse than men and women, simply different. Another discrepancy is left-handed people who have been considered inferior. In Catholic schools, left-handed people were forced to write with right hand. In Islam and Middle East, everything that comes from left hand is considered impure. Discrimination comes to Japan and covers whole world except Buddhism. For centuries, human being has not been able to elucidate aspects of its existence, perhaps because of its paradigms of interest such as greed, power, money and technological progress, they have not allowed us to think about basics of human existence and its closure mental, willing to destroy itself. We have learned to be opportunists, people of goodwill are abused, today people have lost confidence by lies of rulers and worst, children have learned to lie.

Keywords: mentally ill, mental fixations, drug addiction, social decomposition, interest, greed, power, money, selfishness, corrupt.

INTRODUCTION

This article is extensive, but it is just the beginning, trying to establish a clear guideline on concept of mental illness, from Anthropoecology point of view.

The concept of mental illness is very daring and perhaps disrespectful in the eyes of health professionals; however, a different approach is necessary to elucidate this concept. The best example is homosexuality, which for centuries has not been seriously and correctly discussed, but it has been reprovved without any foundation and with opinions completely opposed by different cultures and religions. Homosexuality and another example as simple as left-handed people have not been paid attention for millennia, their rejection has vanished in time; However, it is necessary to pay attention to concept of MENTAL ILLNESS, because our existential niche is very committed.

It is necessary that in macro positive decisions of governments, administrative system knows how to convert them into micro actions that reach all people. It is very common that economic and political macro actions do not become micro actions and therefore benefit only economic and political power.

This writing, is only a tiny part of what is necessary with intention to draw a guideline to achieve the goal of healing mentally and achieve a peaceful coexistence.

DEFINITION OF ANTHROPOECOLOGY

Anthropoecology It is dynamic balance in animal, intellectual, social, cultural, spiritual, moral, ethical, economic and political aspects of human being in conjunction with environment in which it lives.

Taking only a few examples of definition of several authors of mental illness; It can be said that these have physiological and non-mental origin, since in some cases they talk about fact that disease can be due to: *"A difference in brain structure or neurochemical function; Or, they have an elongated ventricle and a reduction in gray mass in brain. There is another way to refer to mental illness, for example, mental disorder, psychological disorder, psychiatric disorder, emotional problems and others"*. [Copyright © 2007 Carmen Sosa Foundation. All rights reserved].

This does not mean that authors who classify these illnesses as mental are wrong, only that some researchers show their physiological origin, although their final reflex seems or is mental. Definitions set forth in this paper are to put in context, Anthropoecology point of view.

Some of these approximately 320 diseases listed as mental or mental disorders [fourth edition (DSM-IV)], have physiological origin and according to Anthropoecology there are mental illnesses such as: arrogance, avarice, envy, anger, lust, gluttony, laziness, omission, etc. etc.

[<https://www.profesorenlinea.cl/Cncias/EnfermedadesMentales.htm>]

MENTAL ILLNESS ACCORDING ANTHROPOECOLOGY

Generation of ideas and attitudes in a physiologically healthy brain, of human being, which places itself above other human beings, infringing damage in most cases and obtaining profit for himself.

DEFINITION OF BRAIN, MIND, MENTAL ILLNESS, TREATMENT OF MENTAL ILLNESS, MENTAL DISORDER, HOMOSEXUALITY AND LEFT-HANDED

Definition of Human Brain

Human brain is the center of nervous system, being a very complex organ. Enclosed in the skull, it has the same general structure as brains of other mammals. Human brain performs a large number of tasks, in general it can be said that it is responsible for both regulating and maintaining functions of the body, and for being the organ where individual's mind and conscience resides. [Wikipedia, the free encyclopedia, en.wikipedia.org/wiki/ Human brain]

Definition of Mind

Mind is the most common name of the emerging phenomenon that is responsible for understanding, ability to create thoughts, creativity, learning, reasoning, perception, emotion, memory, imagination, will, and other cognitive abilities, gather information, reason and draw conclusions.

Mind has three types of processes: conscious, unconscious and procedural. It also encompasses non-intellectual functions, affective functions. Laboratory studies suggest the idea that the mind is a result of brain activity. Thanks to these discoveries, it has been possible to advance in psychopharmacology, for example, in the so-called antidepressants. [Wikipedia, the free encyclopedia, en.wikipedia.org/wiki/Mente]

WIKIPEDIA Mental Illness

Mental illnesses cover a wide variety of disorders, they manifest themselves as alterations in the processes of reasoning, behavior, ability to recognize reality, emotions or relationship with others, considered as abnormal with respect to social reference group from which comes the individual. The main treatments are psychotherapy and psychotropic drugs. Other treatments include lifestyle changes, social interventions and self-help.

Terminology

Depending on the concept of disease used, some authors consider it appropriate to use the term mental disorder in the field of mental health (which is the one used by the two most important psychopathology classification systems today: ICD-10 of the World Health Organization and the DSM-V-TR of the American Psychiatric Association). However, the term mental disorder has also been the subject of controversy and criticism.

History In ancient times, mental disorders were related to supernatural causes. The most primitive cultures attributed them to demonic possessions or natural forces and the more complex cultures to the gods. [https://es.wikipedia.org/wiki / Mental illness] Mental Illness

Serious mental illnesses include: depression, schizophrenia, bipolar disorder, obsessive-compulsive disorder (OCD), panic disorder, post-traumatic stress (PTSD), and the personality. Good news about mental illness is that recovery is possible.

[www.nami.org/.../Enfermedades_mentales1.htm]

Mental Illness Treatment

Extraordinary advances have been made in treatment of mental illnesses. Somatic treatments include drugs, electroconvulsive therapy and other treatments that stimulate the brain (such as transcranial magnetic stimulation and vagus nerve stimulation). [Por Caroline Carney, MD, MSc, Chief Medical Officer, Magellan Healthcare]

Sexual Identity Disorders

Sexual identity disorder refers to feeling a persistent discomfort about his or her sexual condition, along with the desire to be of the other sex, repeatedly verbalizing that he or she belongs to it. It is not a simple change of habits or behaviors but of profound alteration of feeling of being male or female. Cause; It is unknown. [Dr. Esther Martínez García.], [http://www.mapfre.com/salud/es/cinformativo/disordersidentity-sexual.shtml]

The Church and Homosexuality

Do not be fooled, because in the kingdom of God there will be no part of those who surrender to prostitution, or idolaters, nor those who commit adultery, nor the effeminate, nor homosexuals, nor those who steal, nor misers, nor drunks, neither cursed nor thieves. [1 CORINTHIANS 6:10 (DHH), 09/21/2019 · Nathan Díaz]

[www.youtube.com/watch?v=XQDXAToLOzQ] Catholic-Church-and-Homosexuality

"If a man sleeps with another man, as is done with a woman, they commit abomination; They will be punished with death. They will be responsible for their own death". Although various leaders of the Catholic sect accept the existence of a natural tendency of a homosexual nature, many consider that in the end it is a deviation from nature and that, therefore, homosexuals must resign themselves to living repressing the tendencies of such "deviant nature", as soon as getting carried away by them would mean giving in to "unnatural" behavior and, therefore, intrinsically bad.

[https://laicismo.org/iglesia-catolica-y-homosexualidad/] Homosexuality and Christianity.

Many people live tormented by the idea, with simple possibility, of being attracted to same sex, or they are already slaves of a homosexual way of life.

Our mission is to provide them with a helping arm to get out of confusion that may be happening. Clarification is necessary: There are people who do not want to leave homosexuality. Before them our mission is to love them as Christ loves them and as he loved them: until death.

We are not homophobic. We are in favor of helping those who are not happy with a homosexual lifestyle. they and their relatives suffer from not being able to leave homosexuality. And they don't know that this is possible. [https://renuevo.com/elhomosexualismo-y-el-cristianismo-primera-parte.html]

Muxe Sexual and Gender Diversity

In Zapotec region of Isthmus of Tehuantepec (Mexico), muxe ('mushe') is called the gender that defines a person born with male genitals who assumes female roles in any social, sexual and / or personal sphere. From the pre-Columbian era, Zapotecs considered muxes (homosexual men) part of a third sex, no better or worse than men and women, simply different. [https://es.wikipedia.org/wiki/Muxe]

Scientist Demonstrates Causes of Homosexuality

Hugo R. Mendoza (†), a Dominican scientist, shows in research that sexual preference is transmitted by the mutation of a gene.

"Genealogical findings indicate evident hereditary tendency of the phenomenon as well as its potential obedience to genetic changes not yet clarified, supported by the finding of GAY-1 genetic mutation in male homosexuals and located in locus Xq28, of high prevalence in the population in general (11%) and that despite controversy regarding it, as a determining factor of male homosexuality, it does not cease to reinforce the organicity of homosexual situation", added the doctor. "Evidence of existence of hereditary factors in homosexuals raises more precise studies not only clinical but molecular, while recognizing social, cultural and ethical difficulties for their study". For centuries, science has been debated between the definition of homosexuality as a behavior conditioned by the environment or an irreversible biological condition. [http://www.taringa.net/posts/noticias/6139810/Cientificodemuestra-las-causas-de-la-homosexualidad.html]

Controversial treatments in Russia to cure homosexuality

Being gay is no longer considered a mental disorder in Russia. At least, not officially. In 1999, the country withdrew homosexuality from its list of mental illnesses, 26 years after the United States (1973) and 7 years after the World Health Organization (1992) (WHO).

From Nizhny Novgorod, 400 kilometers from Moscow, he claims to have cured 78 homosexuals and 8 transsexuals with a three-step method developed by his mentor, psychotherapist Nikolai Ivanov.

"On the right track:" Yuri, 40, was a patient of Goland. He says that he continued his treatment in the early 1990s because he wanted to "wake up and be on the right track." Instead, it ended the sexual desire shattered.

"The result was, without a doubt, negative. Even harmful. To be honest: catastrophic," says Yuri. [https://www.bbc.com/mundo/noticias-internacional-39770514]

Lefties have been marginalized in history and in the Bible. Why?

Throughout history left-handed people have been considered inferior. In Catholic schools, left-handed people were forced to write with the right. In Islam, everything that comes from left hand is considered impure, and in Middle East more or less the same. Discrimination comes to Japan and covers the whole world except Buddhism. [globedia.com › zurdos-marginados-historia-biblia]

REMARKS:

It has been called mentally ill all those human beings who suffer from a problem or brain deficiency that sometimes originates from birth and in general, prevents them from fending for themselves. However, adults who, due to any accident or illness, (brain damage) lost their mental faculties and whose behavior could be similar to that of former, are not called mentally ill.

It is clear that patients mentioned above have a cerebral deficiency; therefore, they are sick of the brain and not of the mind as they are usually classified.

As a corollary, from Anthropoecology point of view, homosexuality and lefties, are considered a genetic alteration; as are, cleft lip, mermaid syndrome, Down syndrome, autism, among many other mental disorders.

Some common diseases in adults; as they are, Parkinson's, Alzheimer's, cerebral embolisms, among others, affect the brain and therefore mental reasoning.

Psychiatric patients also have a brain disorder that leads to abnormal behaviors and are also mistakenly identified as mentally ill. It seems that mental illnesses have not been recognized as such; alone, brain diseases have been recognized and associated with mental illness.

The seven deadly sins classified by Catholic Church are: arrogance, avarice, lust, anger, gluttony, envy, laziness. They are mental illnesses from Anthropoecology point of view.

For year 2020 A.D. human being is immersed in an EPIDEMIC of mental illnesses and worsen.

Some of these seven sins or mental illnesses are omnipresent in both political and economic power, with few exemptions.

Avarice of a few affects millions of people even thousands of kilometers away.

Miser, usually accumulates wealth and many consider it good and with this wealth you can get a lot of material benefits, material wealth gives feeling of security and some people or groups, has shown that this is true, at least while power changes hands.

Action of "sin" generates a behavior subject to a thought, subsequent reasoning and at last stage action itself. This whole process occurs in a healthy brain, with ability to think and reason; However, action threatens coexistence of human beings. That is why these are not only sins but mental illnesses.

Another attitude marked by greed, capitalism:

NOAMI KLEIN. *This changes everything, capitalism against climate.*

This changes everything is a brilliant explanation of reasons why climate crisis challenges us by definitively abandoning ideology of << free market >>, restoring global economy and rebuilding our political systems. In this book, Naomi Klein argues that climate change is an alert that forces us to rethink our current economic model, which has already failed in many aspects, and argues that massive reduction of greenhouse gas emissions is the only opportunity to limit the enormous economic inequalities, rethinking our fractured democracies and rebuilding local economies. With direct style to which we are accustomed, the author challenges our consciences with this provocative work that puts climate change at center of politics. [Lectulandia, Editorial digital, ePub r1.2, FleCos 26.03.2017]

REMARKS:

Climate change is evident according to arguments of some analysts and scientists, which complement it with videos and reports that show emission of greenhouse gases, coupled with action of weather phenomena; it is said, produced by human being, such as HAARP phenomenon. [https://youtu.be/xU_vkr_-BEc], considered as a secret weapon to destroy cities and towns by means of nature, or CHEMTRAILS AND GEOENGINEERING, A reality. [<https://youtu.be/I5x3LBIw74>]. Some claim it, others deny it, but reality of climate change is present.

BRAIN AND MENTAL CAPACITY OF HUMAN BEING

Human being is a thinker being very far from being rational.

Real actions of human being, are those that are born of its thought and not of his word. It is the moments of solitude and reflection where human being manifests its aspirations or frustrations and that is where decisions and actions are born; both positive or negative.

Human mind is capable of creating or defining things that cannot be understood later, such as definition of God, Soul of human being, Spirit, Angels, etc. He cannot understand some physical and tangible things such as life itself and death, although today (2020 AD) he is able to manipulate life.

Mind of human being, behaves equally as in any other living being, that humans call animals. Once paradigms, skills, traumas, taboos, positive and negative thoughts in the way of doing things are recorded or embedded in mind, they determine a particular behavior of each individual; human or animal, which distinguishes it from others. E.g. A wild animal fed in captivity will not survive in its natural habitat because it does not know how to feed itself.

In same way, human being even with his ability to think, once he has his fixations; positive or negative, it is difficult for him to change its behavior once fixation is established, it becomes a conditioned reflex and if its fixations are negative, it will infringe damage to the rest of its peers. This phenomenon occurs in many human beings daily and simultaneously, manifesting itself individually; but, generating a collective psychosis. These discrepancies that become fixations are presented in religions, politics, food, dressing, etc.

What factors influence these behaviors to be generated and those fixations formed?

How open are those who say they have an open mind, if they are not aware of their mental fixations?

Human being knows instinctively that it is good and that it is bad; however, when bad brings benefits, then some or many of them act in that direction regardless of the consequences to their peers and usually refuses to introspection, perhaps for fear of their own conscience.

As a corollary, from Anthropoecology point of view, negative fixations are considered mental illness

The more complex a living being is, it has more possibilities for actions, as well as deviations.

There is nothing supernatural in the universe; what there is, are many superhuman things, which we do not understand and that happen sporadically. Many charlatans take advantage of the superhuman.

Where are people's rare beliefs born? They are: Dracula, vampires, werewolves, apparitions, hells, skies etc.

Which of these beliefs cause closure and why?

Why do such phenomena continue to be promoted?

Human being has been given task of establishing a number of laws governing behavior among human beings; However, he has taken for granted that natural laws are taken and understood by themselves.

If it is assumed that we are born with a blank brain and we have to learn everything, then not teaching natural laws through natural sciences is biggest mistake. Some laws that are aimed at protecting natural environment, have an economic approach and little or nothing naturalistic.

When a country changes laws in each period of government; it is because without a doubt, they did not obey interests of those of current period, much less for welfare of society; however, if they were established according to norms of nature, those laws would be eternal; as are commandments of some religions, e.g. "You will not kill, you will not steal," they were, are and will remain valid, but are not obeyed.

Transcendental and positive works for humanity have been created in shelter of loneliness and humility before nature; in contrast to negatives that have required a collective effort, it means collective mental illness.

Perhaps the human being will have discovered everything when he discovers himself. Although it, has more will to discover how to travel at speed of light.

"It is easier to disrupt an atom than a human behavior." [Albert Einstein].

Behavior of human being is pendular both in daily activities and in great changes or social movements. One day we are fans of one ideology and next of another, attacking the first, without actually knowing what it is about. Phenomenon that has not been given due attention; neither individually nor collectively.

Talking about real causes may bother our comfort niche and there is the main problem; We think that our behavior at individual level is "normal and correct."

If problems of human being get worse day by day, as a corollary it can be said that our "normal" behavior is not correct. So, our erroneous behavior may be due to paradigms of interest or we suffer from some fixations or mental illnesses.

These concepts, do not go against worker, go against lazy and irresponsible. It does not go against entrepreneur, it goes against evil, greed and voracity in business. It is not about millionaire ceasing to be a millionaire; but, with its millions, stop corrupting political system and pretend to buy religious indulgences. It's not about eliminating small merchant, it's about not being dishonest in its daily transactions. It does not go against all human beings, it goes against those dishonest people in their daily actions.

What happens are not circumstantial errors; but harmful actions executed with full knowledge for their own benefit, regardless of harm caused to others.

If to maintain that comfort niche it is necessary to kill, steal, extort, bribe, blackmail, enslave etc. etc. Well, it is simply done, causing a mental impasse.

Call itself impasse or mental illness, these aspects do not allow us to learn from history and we do more of the same; all those who hold power do everything possible to maintain themselves and others; whatever their level, wish to have such power.

As time passes, empire leaders subsequently become more and more autocratic, arrogant and violent, even believing they are saviors of the world and then gods.

Positive formative education must be such that a soldier defends his family, his land for love of his people and his homeland, not for monthly salary paid to belong to army. In "advanced" countries, in some cases those who join the army, it is because of their salary or because they had nothing better to do.

A soldier, sailor or pilot is trained and as a result of that training, a behavioral change originates; Only in this case the change is to kill his fellow men and when he does it instead of feeling remorse, he must feel satisfaction of triumph. THAT IS A MENTAL DISEASE INDUCED; However, "they have so much FAITH in God" that they thank him because the missile hit the target.

Today (2020 A.D.) hundreds of billions of dollars are spent on armament with thousands of technicians and scientists, but nothing in fighting famine or in positive formative education, because even this is seen as economic loot.

ACTIONS AND RESEARCH WITH VERY LITTLE OR NO SENSE IN SOME CASES; IN OTHERS, THE SENSE IS MERELY ECONOMIC

Oxford scientists analyze the most likely global threats and catastrophes.

Each year Oxford University analyzes what are most worrisome threats. Among short-term risks, pandemics, whether natural or caused by some genetic mischief, we are not well prepared for a pandemic. Another risk would be that of a nuclear war. We have not yet overcome that threat.

In long term and natural way, "inevitable" climate change, impact of an asteroid or eruption of supervolcanoes, in future, a progressive advance of artificial intelligence that ends up turning against us. Total dependence on technology and machines could give us some fright in future, perhaps not so far away.

Comments on the internet about oxford scientific article:

Carlitos 17 hours ago

"They have said absolutely nothing that we no longer know. But political will try to at least mitigate these possibilities is the great absence". Cath 8 hours ago

"In a nuclear war there are no winners, but it is necessary for humanity to learn to live in peace, for some time, BECAUSE THE NEW GENERATIONS DO NOT BELIEVE IN ANYTHING, because they do not know what happened in previous wars. I hope to be wrong"

Benita 2 hours ago

We should seriously worry about our youth and even children with less age (10 to 12 years), who are already starting to have some of these addictions. It worries me and I wonder, what are we doing as a society, as parents? Youth of today will be the great sick of tomorrow not too far away. [Javier Peláez May 05, 2016]

[/http://media.zenfs.com/en/homerun/feed_manager_auto_publish_]

SOME RESEARCHERS OF LEICESTER UNIVERSITY, HAVE SAID

"Evidence that Earth has entered a new geological era due to impact of human activity is already "overwhelming", according to a new study by an international team of scientists led by University of Leicester (England)."

“Entry into this new geological era, baptized Anthropocene, could have occurred in the middle of last century and was marked by massive consumption of materials such as aluminum, concrete, plastics and consequences of nuclear tests throughout planet, according to research published in journal Science”. [Washington, ene 8 (EFE)]

REMARKS:

Anthropocene, this phenomenon began in 1500 AD when European countries, by interest, stabilized politically and went out to invade the rest of the world, through crime and looting of their high-value goods, preying on flora and fauna, and contaminating flora, fauna and with new diseases.

Industrial revolution was the transition to new manufacturing processes from 1760 to 1840. Moving from production methods by hand through machines.

It erupted in 1950 with development of transistor and explosion around 1979 with development of microprocessor.

Earth does not care about anthropocene, it will take between 100 to 200 years to recover, others say it will be between 500 or 1000 years.

Throughout history, we see that greed only allows us to see forward, without seeing the trail of destruction we leave behind.

MENTAL ILLNESS AND POLLUTION

Human being wants to emulate gods when he has not yet wanted to understand himself. As long as mental illnesses are not eradicated, we can never say that we are human beings and much less civilized. We are all responsible for what happens; However, it is leaders who have prerogative of behavior and it seems that this behavior, in one way or another, is mentally ill.

Gossip and intrigue are very effective ways to divide wills, predispose each other; leaving the way clear for all kinds of manipulation. Once feeling and emotion are pierced, human being is totally vulnerable to manipulation. This phenomenon occurs on a personal level, in a group, community, town, country or country associations.

OMISSION, nowadays applies to own and strangers, does not want commitment to anything or anyone.

A lot of people dream of having a servant not to do heavy lifting, but that servant is also a human being; perhaps, with the same wrong dreams; today, (2020 AD) mainly children and young people.

Dishonest may lie to any other individual, but never to final result.

Science and technology, although they have an intrinsic harmfulness; as such, are not dangerous if they are managed sustainably.

Human being is able to create a God and believe in Him, but resists accepting that his own and earthly actions directed consciously and perversely for his benefit, either individually or collectively; such as, mass media exalt vanity and flatter human being in order to keep business profitable, distribution of alcoholic beverages and drugs, whether natural or industrialized, exploitation of worker in an open or veiled way. These types of actions are the ones that truly cause problems to humanity and yet there have been and there are individuals who thank God for goods received. In other cases, charitable works are done either to create a positive image or to wash consciences.

Competition. It can be considered as an environment created by human being. It is perhaps the most inhuman that goes unnoticed as an environment; but rather, being competitive is mistakenly considered a virtue.

Today, competing is only to win and win, due to economic value that has been involved in competitions.

Athlete's behavior has changed from being admired and recognized for his physical qualities, discipline and effort. to believe in this world the only star worthy to be admired,

Mass media and commercialization have made athlete believe that his contribution for society is the best that can exist. This seems true, for the money involved in it.

All or at least most of those involved in this field want to be stars, creating images that people admire or idolize. But for a "star" to emerge, it requires hundreds or thousands that stayed on the road. Some who failed keep day dreaming for life, wanting their children to be what they were not.

Currently (2020 AD) fanaticism of followers has exceeded limits of admiration and respect, becoming aggression towards fans of opposing team; leading them to build altars and ask God for their team to win competition or perform fetish ceremonies to support their team and harm the other. The biggest contributors in promoting these exacerbated behaviors are mass media.

Reaching extremes such as suicide because his team lost a match or attack, in some cases, kill fans of opposing team. Including players of the same team they claim to admire, for a mistake made during a game.

Reaching these limits can be considered mental illness.

Another field of fierce competition and vanity is acting in film and television industry. All or at least most of those involved want to be stars and reach divas.

Creating images that people admire and idolize.

CONCLUSIONS

1. **If Europeans and North Americans would live from their own work and resources, they would not have the standard of living they have held for centuries; But ordinary citizens do not know it.**

2. **Violence is final product of all factors that sick human being and is cusp of mental illness. We are not violent by nature.**

3. Greed and corruption concentrate resources in few hands and inhibit sustainable creativity, creating a "creativity" aimed to maintaining supremacy.
4. In front of corruption and greed, any political system is irrelevant.
5. More conclusions in part 2.

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